

H O T Z E

HEALTH & WELLNESS CENTER

FREQUENTLY ASKED QUESTIONS

LAB WORK

When do I get my test results from my first office visit?

Approximately 2-3 weeks after your visit, you will receive a consult letter in the mail that will include your lab results and any recommended changes. This letter will be reviewed at your Care Plan Review which is a phone appointment that is scheduled with a health coach.

How often will I need lab work performed?

You will need labs performed prior to each follow up visit with your provider. Occasionally, you may need other labs performed between visits to verify thyroid or testosterone dosing.

What labs will be ordered for my follow up visit?

Your provider will order:

- Complete Metabolic Panel (CMP): includes liver function, kidney function, blood cell counts, lipid and thyroid panel as well as C-reactive protein.
- Vitamin D level
- Hemoglobin A1c
- Magnesium RBC and Homocysteine level may be ordered, as well.

Male guests taking testosterone will be required to collect Free Testosterone, Estradiol and PSA in addition to the above labs.

What is specialty lab pricing?

As a service to our guests, Hotze Health & Wellness Center has negotiated a discounted price with Lab Corp for the cost of lab work.

How do I take advantage of specialty lab pricing?

If you choose this option, you will need to call the front office at (281) 579-3600 and request E-Labs. The front office will collect your payment and electronically transfer your orders to Lab Corp. When you arrive at a Lab Corp near you, simply present your ID and they will draw your blood.

How do I find a Lab Corp near me?

Visit www.labcorp.com and click on "Find a Lab." Enter your city or zip code to see labs near you along with their hours of operation, phone, fax, address and driving directions.

How do I have my labs tested when I don't live in Houston?

If you live outside of Houston, you have a few options:

- You may take advantage of specialty lab pricing and have your labs collected at one of the Lab Corp collection sites located throughout the country. See above for instructions on how to do this.

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- You may have your PCP collect your labs and forward the results to your provider. Results can be faxed to (281) 206-2330 and made out to your provider's attention.
- We can mail, e-mail or fax your lab orders to you and you can take them to a lab of your choosing, such as Quest Laboratories.

My schedule is very busy. Is it possible for someone to come to me to draw my blood?

Yes. For guests located in the Houston, Dallas and Austin metropolitan areas, we offer the option of mobile phlebotomy. An experienced phlebotomist will schedule a home or office visit at your convenience to collect your lab work. The cost is \$55. To take advantage of this convenient service, please call the front office at (281) 579-3600.

Will insurance pay for my labs?

This varies from policy to policy. You will need to check with your insurance company to verify this.

Can I print my lab results?

Yes. Lab results can be accessed and printed from the [Guest Portal](#).